

IN THE FIGHT

INFORMATION BULLETIN

INSTALLATION MANAGEMENT COMMAND
AREA III SUPPORT ACTIVITY
UNIT #15716
APO AP 96271-5716



Period covered: 20 January 2007 to 26 January 2007

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OFFICIAL INFORMATION

DHR (Directorate of Human Resources)

REGISTERING IN DBIDS (Defense Biometric Identification System) (<http://www.usfk.mil/usfk/>)

The recent Courageous Channel exercise revealed that several hundred children of sponsors assigned in USFK are not registered in DBIDS.

- Effective 1 May 05, USFK policy is that all children, regardless of age, are to be registered in DBIDS.
- All sponsors, especially recent arrivals to Korea, should ensure all of their family members are registered in DBIDS.
- To register a child under the age of 10 in D-BIDS, please bring an original/certified copy of the child's birth or adoption certificate or their passport. Please also have the child's social security number available.

AREA III LEGAL CENTER

The **Area III Legal Center** offers a vast amount of services for service members, their dependents, DOD civilians, and government contractors. Services include legal counseling, powers of attorney, estate planning and notary services. Our office is located next to the Pegasus Dining Facility in building number 734. Office hours are **Mon-Wed, 0900-1630, Thu, 1300-1600, and Fri, 0900-1600**. If you have any questions about the services provided or would like to make an appointment, please contact **Legal Assistance at 753-6245**.

AREA III TAX ASSISTANCE CENTER

The **Area III Tax Assistance Center** will celebrate its opening on **January 24 at 1400**. Tax Center hours for 2007 will be M, T, W, F (**0900-1800**), **Thu (By Appointment Only)**, and Sat (**1000-1400**).

Beginning **23 January**, you may call **753-3905** to make an **appointment**.

PLEASE BRING THE FOLLOWING ITEMS WITH YOU FOR YOUR TAX CENTER APPOINTMENT:

1. ALL W-2s, 1099s, 1098s (Note: AD Army W-2s available through MyPay website beginning 22 Jan 07).

2. SOCIAL SECURITY CARDS FOR SPOUSE AND DEPENDENTS
3. SPOUSE IF PRACTICAL WHEN FILING A MARRIED FILING JOINT RETURN
4. ANY DOCUMENTS FOR DEDUCTIBLE EXPENSES
5. VOIDED CHECK SHOWING BANK ACCOUNT NUMBER AND ROUTING NUMBER
6. LAST YEAR'S TAX RETURN OR OTHER APPLICABLE YEARS
7. DEPENDENT CARE PROVIDER'S EIN#, NAME, ADDRESS, PHONE NUMBER, AND SOCIAL SECURITY NUMBER

CPT BRIAN TOMASOVIC

2ID, Camp Humphreys
Legal Assistance Attorney
DSN 753-3170

AREA III ETHICS TRAINING

The Area III Legal Center will be conducting Ethics Training **every Thursday for the rest of the calendar year**. The Secretary of the Army, The Honorable Francis J. Harvey, has mandated that every United States Soldier and civilian annually receive one hour of face-to-face Ethics Training from a Judge Advocate. Ethics training focuses on the Joint Ethics Regulation and particularly on proper uses of government property, private organizations, gift giving, informal funds, and fundraising. Area III Ethics Training will take place **every Thursday at the Camp Humphreys Post-Theatre at 1300**. Contact CPT Graham Smith at 753-3756 if you have questions regarding the training.

ENVIRONMENTAL DIVISION

Environmental Compliance Officer (ECO), Korean Environmental Compliance Officer (KECO), and ECO Refresher course dates are below. **Each unit/organization is required to have a trained primary and alternate ECO (KECO's fulfill this requirement).**

February ECO trainings have cancelled due to scheduling conflicts.

Environmental Compliance Officer (ECO) Course: The original 40-hour US soldier/civilian environmental compliance course.

Please contact Mr. Kim, Chin-Song (753-7052 or KimCnS@korea.army.mil) or Mr. Michael Stephenson (753-6082 or michael.stephenson3@korea.army.mil) with participant name, rank, DEROS, unit and SSN to enroll. There is no rank or grade restriction for this course.

Korean National Environmental Compliance Officer (KECO) Course: The KECO course is a monthly three-day course delivered in the Korean language and all materials are in Hangul. It is especially useful for civilian organizations that employ primarily KNs.

Please call or email Mr. Kim, Tae On (753-6048 or KimTaeon@korea.army.mil) or Mr. Kim, Chin-Song (753-7052 or KimCnS@korea.army.mil) with participant name, rank, and unit/organization to enroll.

Environmental Compliance Officer (ECO) 8 Hour Refresher Course (Annual Requirement)

- 24 January
- 21 February

Please contact Mr. Kim, Chin-Song (753-7052 or KimCnS@korea.army.mil) or Mr. Michael Stephenson (753-6082 or michael.stephenson3@korea.army.mil) to enroll. Participants must have completed the 40-hour ECO Certification Class or show proof of completing equivalent training at another US Army installation. All classes begin daily at 0900 sharp at the Environmental Support Center, Building 750B. Empty seats will be filled from a standby roster on a first come, first served basis.

Used POL Removal and POL Contaminated Soil Disposal: Call Mr. Kim, Tae On to drop off contaminated soil at the bioremediation site or have used POL removed (753-6048 or KimTaeon@korea.army.mil). Used Oil and contaminated fuel is scheduled for removal bi-monthly.

ARMY SUGGESTION PROGRAM (ASP)

It's no secret to anyone that resources are not as plentiful as in the past. However, there are other methods to capture savings and the ASP is one tool where you could also reap the benefits by providing ideas to improve procedures. **All members** of the Army community and others concerned with the welfare of the Army are eligible to submit ideas; however, payments of awards are limited to the categories of participants listed in AR 5-17, paragraphs 3-2 and 3-3. To be accepted, an idea **must be submitted online** (<https://armysuggestions.army.mil>); benefit the Army or other US Government activity; and present a problem or situation as well as propose a solution with sufficient rationale to support the requested new procedure. Your idea is **eligible** if it **accomplishes** a job better, faster, or cheaper; improves or simplifies a procedure, operation, method, layout or organization; **increases** productivity; **conserves** material or property; **improves** safety or working conditions; or **improves** morale in the work place. An idea is **ineligible** if it **presents** a problem but no solution; **is vague** or incomplete; **indicates** potential tangible savings but doesn't provide rationale or calculations on which to base the estimate; or **is put into effect** over 90 days prior to submission. The entire ASP policy and procedures are published in AR 5-17 and the Plans, Analysis & Integration Office (PAIO) is the proponent for this program. If you have any questions, please contact Mr. Heyward Helms at Heyward.He@korea.army.mil or 754-0014.

UNIVERSITY OF PHOENIX

University of Phoenix now offers an MBA Program! Registration is currently in-process. The new MBA on-site semester begins January 31st. Application deadline is 23 Jan 06. MBA on-line courses are also available. Online classes start every Tuesday! For more information on our programs or registration contact DSN 784-5664 Jennifer.Swenty@phoenix.edu or Jerry.Kellog@phoenix.edu at DSN 753-8920.

TOBACCO CESSATION CLASSES



If you're ready to quit using any form of tobacco, you are invited to attend the next monthly Tobacco Cessation class held at your installation. Classes are held weekly, one hour each for 4 weeks. Cold Turkey, nicotine replacement and/or Zyban are offered. You'll get support, education and behavior modification techniques, nutrition information and Stress Management.

Camp Humphrey's started on Tuesdays the 9th & 16th of January from 1500-1600. Follow on classes, must be attended 23rd and 26th of January.

Camp Long & Eagle –Please call for class setup.

If you are unable to attend the initial session, please call for alternative dates. Classes are also available to units.

Please call the Area III Health Promotion Coordinator at 753-7657 or email sylvia.eckman@us.army.mil to sign up.

DFAC HOURS (11-14 Jan 07)

When 194th Maint and 2 CAB close on the weekends they will close after lunch on Thursdays along with the weekend they are closed.

194th MT Meal Hours as follows:

Breakfast: 0800-0930

Lunch: 1200-1330

Dinner: 1600-1730 weekends only

2nd CAB Meal Hours as follows:

Closed after Lunch on 18 Jan 07









Open normal operation 21 Jan 07

527th MI BN Meal Hours as follows:

Breakfast: 0800-0930

Lunch: 1130-1300
Dinner: 1600-1730

CAMP HUMPHREYS' 7-DAY FORECAST

| | | | High / Low (°F) | Precip. % |
|---------------|-------------------------------------------------------------------------------------|---------------|--------------------|--------------|
| Sat Jan 20 |  | Mostly Sunny | 42° / 20° | 0 % |
| Sun Jan 21 |  | Mostly Sunny | 46° / 20° | 0 % |
| Mon Jan 22 |  | Partly Cloudy | 43° / 23° | 10 % |
| Tue Jan 23 |  | Mostly Cloudy | 45° / 23° | 20 % |
| Wed Jan 24 |  | Mostly Sunny | 45° / 24° | 10 % |
| Thu Jan 25 |  | Partly Cloudy | 44° / 22° | 20 % |
| Fri Jan 26 |  | Few Showers | 41° / 20° | 30 % |
| Sat Jan 27 |  | Mostly Sunny | 37° / 20° | 10 % |

UNOFFICIAL INFORMATION

SEOUL RESORT

Seoul Resort is the closest ski resort to Seoul. It is a year-round resort town with a ski camp, survival game, college OT/MT, and where other various group events can be enjoyed.

Open: Mid-Dec thru Feb

Number of Slopes: 4

Number of Lifts: 3

Rental Fees: Lifts (Units in Won)

| Specification | Normal | | Member | | Note |
|----------------------|--------|----------|--------|----------|-------------|
| | Adults | Children | Adults | Children | |
| Daytime | 41,000 | 27,000 | 20,500 | 13,500 | 09:00-17:00 |
| Morning | 30,000 | 19,000 | 15,000 | 9,500 | 09:00-13:00 |
| Afternoon | 30,000 | 19,000 | 15,000 | 9,500 | 12:00-17:00 |
| Afternoon + Night | 43,000 | 28,000 | 21,500 | 14,000 | 12:00-23:00 |



| | | | | | |
|-------|--------|--------|--------|--------|-------------|
| Night | 32,000 | 21,000 | 16,000 | 10,500 | 18:30-23:00 |
|-------|--------|--------|--------|--------|-------------|

Other facilities: Resort Hotel, Restaurants, Coffee Shop



Address: San 18, HoPyeong-dong, NamYangJu City
Telephone: (031) 592-1220/(031) 959-0864



Directions:

PyongTaek -> ChongRangRi/MangWooRi (Seoul) -> GooRi -> MeKeumSi -> KyongChoonGaDo (#48) -> Seoul Resort (1 Km before March Tunnel); Takes 30 minutes from CheongRangRi

PyongTaek -> KangNam (Seoul) -> 88 Olympic Highway -> GooRi, PanKyo Highway -> MeKeumSi -> KyongChoonGaDo (#48) -> Seoul Resort (1 Km before March Tunnel); Takes 25 minutes from KangNam

KOREAN FOOD CHARACTERISTICS

For centuries, the Koreans have eaten the products of the sea, the field, and the mountain because of the features of Korean peninsula and a distinguish climate makes Korean food more abundant. Korean foods are very special, exotic, and particular. The most distinguishing feature of the Korean food is the spiciness. The basic seasonings-red pepper, green onion, soy sauce, bean paste, garlic, ginger, sesame, mustard, vinegar, wine have been combined in various ways to enhance Korean foods.



Korean food has various side dishes. Favorite side dishes are bean paste soup, broiled beef, fish, cabbage "kimchi", and steamed vegetables. The full course Korean meal is called "HanJeongShik". It is composed of grilled fish, steamed short ribs, and other meat and vegetable dishes with steamed rice, soup, and "kimchi."

"Kimchi" is the best known Korean food. It is vegetable dish, highly seasoned with pepper, garlic, etc. It is served with every kind of Korean meals and it stimulates the appetite like pickles. Large quantities of "kimchi" are usually made in late fall or early winter for the winter. The making at this time is called "KimJang." "Kimchi" contains amounts of good nutrients such as vitamin C and fiber.

Koreans also like meat dishes. "BoolGoKi" is one of the famous dishes to Westerners. It is generally called "Korean barbecue." It is marinated in a sauce made with soy sauce, garlic, sugar, sesame oil, and other seasonings, and cooked over a fire in front



of table. For the other special food, "KalBi" the short ribs of beef or pork is also good. The recipe is similar to "BoolGoKi."

Soups, "Gook" and "ZziGae" in Korea vary in taste and potency. Through the history, the soup culture was developed because of the famine or cold weather. When our ancestors were short of food, they made soup with small amount of vegetables and beef bones. Also the hot soup could play a role in protecting the cold. "MaeWoonTang" is spicy, hot seafood soup that includes white fish, vegetables, bean curd, and red pepper powder. "DwenJangGook" is a fermented soybean paste soup with baby clams in its broth. For the soups, there are other kinds of soups such as "MiYokGook", "Kimchi-ZziGae".



Vegetable dish is also popular in Korea. We, Korean traditionally eat more vegetables with rice in main meal than meats and the vegetable dishes are various in kinds and tastes. Korean call dishes made with only vegetables "Namool." There are two kinds of which are "saengche" cold and raw "namool" and "saengche", warm and steamed "namool".

Korean table settings are classified into the 3-"cheop", the 5-"cheop", the 7-"cheop", 9-"cheop", 12-"cheop" setting according to the number of side dishes served except rice, soup, and "kimchi". The average family takes three or four side dishes. When family holds celebrations or party, a dozen or more delightful dishes are served. Korean food is shared by diners in one table, except rice and soup. All the dishes but hot soups are set at one time on a low table at which diners sit to eat. Chopstick and spoons are used for eating. Different from Japanese and Chinese, Koreans use thinner chopsticks made by metal, not wood.

Generally, the Korean diet uses much grains and vegetables which add fiber and protein from both vegetables (bean curd, bean sprouts, bean paste, soy sauce) and meats. Korean food has moderate calories and low fat and sweet taste - very healthy and well-balanced. The Korean diet is changing and the Korean food industry is developing as fast as the speed of train. Even though the Western style and fast food diet are more and more famous in Korea in terms of curiosity and convenience, the basic diet remains.

MWR

20-21 Jan Area III Basketball Tournament
27 Jan KIBA Tournament of League Bowling Champions Tournament
30 Jan Donnie McClurkin, CAC, 1900

Library

Effective 1 Jan 07, operating hours changed as follows:

| | <u>Cp Humphreys</u> | <u>Cp Long</u> | <u>Suwon</u> |
|-------------------|-----------------------------|------------------------------------|--------------------------------|
| Current: | 1100-2000 Closed: Monday | 1100-2000 Closed: Thursday | 1100-2000 Closed: Sun & Mon |
| New hours: | 1100-2000, Everyday | 1100-2000 Closed: Monday | No changes |

Cp Humphreys Library started 'Thursday Book Club' on 18 Jan 07.

Cp Humphreys Library will start 'Story Hour' on 24 Jan 07.

We will let you know the time of the story hour and the book club when it is set.

ACS

The ACS **Classes** indicated below **are revolving**:

English as Second Language (ESL), Every Tuesday and Friday, 1130-1230, ACS

Korean Language Class, Every Wednesday, 1200-1300, ACS

Korean Culture & Language Class, Every Thursday, 1730-1830, ACS

Orphan Escort Brief, Every 3rd Thursday, 1730-1800, ACS (Pre-register)

SOFA/VISA Shuttle, Every 4th Tuesday, 0900-1300 (Pre-register)

Résumé Writing Class and RESUMIX Preparation Class scheduled for **23 January, 0900-1600**. Can take one or both. Pre-registration required to ensure a seat; limited to 15. Call 753-8401 to register.

USO (Operating Hours: Tue-Sat, 0900-1730, 753-6281)

20 Jan One Day Ski; Dragon Valley, 0600-2200, \$116 (Includes Equipment)
~~21 Jan Lotte World; Indoor Amusement Park~~ **(Lotte World temp closed (120 days) for structural repairs)**
 27 Jan One Day Ski; Dragon Valley, 0600-2200, \$116 (Includes Equipment/Snowboard)
 28 Jan Snow Sledding, 0800-1700, \$45

CAMP HUMPHREYS THEATER SCHEDULE (753-7716)

| | | |
|---------------|-----------|---------------------------------------|
| 20 JAN | 1530 | Flushed Away (PG) |
| | 1830/2100 | Let's Go to Prison (R) |
| 21 JAN | 1530 | Flushed Away (PG) |
| | 1830/2100 | Let's Go to Prison (R) |
| 22 JAN | 1830/2100 | Déjà Vu (PG13) |
| 23 JAN | 1830/2100 | Déjà Vu (PG13) |
| 24 JAN | 1830/2130 | The Prestige (PG13) |
| 25 JAN | 1830/2130 | The Prestige (PG13) |
| 26 JAN | 1830/2100 | Code Name: The Cleaner (PG13) 1st Run |
| 27 JAN | 1530 | Happy Feet (PG) |
| | 1830/2100 | Code Name: The Cleaner (PG13) 1st Run |
| 28 JAN | 1530 | Happy Feet (PG) |
| | 1830/2100 | Code Name: The Cleaner (PG13) 1st Run |

HAPPY FEET - Savion Glover, Elijah Wood



Set deep in Antarctica and into the land of Emperor Penguins, where each needs a heart song to attract a soul mate, a penguin is born who cannot sing. Our hero Mumble, son of Memphis and Norma Jean, is the worst singer in the world – however, as it happens, he is a brilliant tap dancer! Rated PG (mild peril, rude humor) 87 min

DÉJÀ VU - Denzel Washington, Val Kilmer



Everyone has experienced the unsettling mystery of déjà vu – that flash of memory when you meet someone new you feel you've know all your life or recognize a place even though you've never been there before. But what if the feelings were actually warnings sent from the past or clues to the future? It is déjà vu that unexpectedly guides ATF agent Doug Carlin through an investigation into a shattering crime. Rated PG-13 (intense sequences of violence/terror, disturbing images, sensuality) 128 min

OSAN THEATER SCHEDULE (0505-122-1968)

| | | |
|---------------|-----------|-------------------------------|
| 20 JAN | 1300 | Charlotte's Web (G) |
| | 1900/2130 | Code Name: The Cleaner (PG13) |
| 21 JAN | 1300 | Charlotte's Web (G) |
| | 1900/2130 | Code Name: The Cleaner (PG13) |
| 22 JAN | 1900 | Casino Royale (PG13) |
| 23 JAN | 1900 | Casino Royale (PG13) |
| 24 JAN | 1900 | Blood Diamond (R) |
| 25 JAN | 1900 | Blood Diamond (R) |
| 26 JAN | 1900/2130 | Déjà Vu (PG13) |
| 27 JAN | 1300 | We Are Marshall (PG) |
| | 1900/2130 | Déjà Vu (PG13) |
| 28 JAN | 1300 | We Are Marshall (PG) |
| | 1900/2130 | Freedom Writers (PG13) |



FREEDOM WRITERS - Hilary Swank, Imelda Staunton

A dedicated California teacher finds a way to unify her disadvantaged, racially divided students, and to improve their grasp of academics, partly by having them keep journals about their violent, troubled lives. Rated PG13 (violent content, thematic material, language) 123 min

BLOOD DIAMOND - Leonardo DiCaprio, Djimon Hounsou



Set against the backdrop of civil war and chaos in 1990's Sierra Leone, Danny Archer, a South African mercenary, and Solomon Vandy, a Mende fisherman are joined in a common quest to recover a rare pink diamond that can transform their lives. While in prison for smuggling, Archer learns that Solomon--who was taken from his family and forced to work in the diamond fields--has found and hidden the extraordinary rough stone. Rated R (violence, language) 138 min

COMMAND INFORMATION CYCLE

(Due to maintenance, this server is not available for a while.)

Leaders Info Brief, 1300, 6 Feb 07
Newcomers Brief, 0800, 13 Feb 07
DPTMS S3 Tng Mtg, 1400, 20 Feb 07
Town Hall Mtg, 1800, 17 Apr 07

NEXT MEETING

Town Hall Meeting, 17 Apr 07

QUOTE OF THE WEEK

Gold is tried with fire;
Friendship with distress.

- Unknown -

EXPRESSION OF THE WEEK

You're so beautiful!
(Neo-moo-ye-ppeo-yo!)

****Please send any information you wish to have published to yick@korea.army.mil NLT COB each Wednesday for such information to be added to the following week's bulletin.**

FOR THE COMMANDER:

/S/
JON E. GRAYSON

Director, Human Resources

DISTRIBUTION:
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